



2024 Rates & Insurance Information

All therapy sessions are held via secure video conference within the client's home state of residence or PSYPACT State.

Consultation & Assessment for Individual & Family Therapy

First Phone Consultation (15 minutes): \$0
Initial Intake Session (60 minutes): \$350
Follow-up Sessions (50-60 minutes): \$300

Case Management

Letters and Form Completion (per 30 minutes): \$150
Between Session Phone Contact (per 10 minutes over the first 10 minutes): \$50
Subpoena Responses, Court Proceedings, Related Expenses (prorated per hour): \$750

You will receive a Good Faith Estimate of cost of services at the beginning of treatment. You may always request an updated Good Faith Estimate in writing at any time.

Payment Options

Clients are responsible for paying for services in full at the time of each appointment. Payment can be made via the Client Portal using most major credit/debit cards: Visa, MasterCard, Maestro, American Express, JCB, Discover, Diners Club, Union Pay, Google Pay, Apple Pay, as well as FSA and HSA cards. Cash and checks are not accepted for telepsychology appointments.

Dr. Sabrina Stutz is an out-of-network provider. Some clients may wish to use their out-of-network benefits to cover some of the cost of services. Most PPO plans will reimburse you a percentage of the bill under your out-of-network benefits (usually 50-80%). Our office can provide you a receipt for services (a "superbill") that includes all the information you need to submit a claim to your insurance company. Then, you can choose submit that document to your insurance, and receive reimbursement directly.